State 4-H Presentation Program 2018 Impromptu Speech Topics

Impromptu speaking involves speeches that the speaker has developed themselves at Presentation Day within a *three-minute* preparation time. One at a time, the speakers will randomly draw a piece of paper with a topic on it. The topics will be developed from the pre-announced categories outlined here. From the time that the speaker is given the topic, they will have three minutes to prepare a speech.



Please refer to the Impromptu Speech category description on page 17 of the State 4-H Presentation Manual at http://4h.ucanr.edu/files/2193.pdf.

Senior Topics (14-19 years old)

Science, Technology, Engineering and Mathematics (STEM): Electronic textiles (e-textiles) E-textiles represent a field of engineering that combines electronics and computing with textiles and design. One way E-textiles have been utilized by people is by creating wearable technology such as watches, eyeglasses, or clothing like a shirt or jacket that contains electronics and a computing device. Impromptu questions in this category will focus on how can E-textiles help various industries such as agriculture and fashion to improve lives.

Healthy Living: Meaningfulness

4-H provides youth with opportunities to build positive relationships and contribute to their communities. Adding meaningfulness to what we do builds happiness, purpose, and a healthy well-being. This year's focus area is meaningfulness. Potential topics may include benefits of contribution, connection to others, relationships, positive communication, and active listening.

Citizenship: Personal Development

Developing a strong sense of personal identity, responsibility, caring, compassion and acceptance are essential first steps towards being engaged in your community. Impromptu questions in this category will focus on mutual respect and understanding, character development, critical thinking and problem solving and how youth with these skills are better equipped to take on the challenges of solving community issues and be civically engaged.

Positive Youth Development: Mindset

People with a growth mindset see skills and abilities as things that can be improved through practice, effort, and persistence. Impromptu questions in this category will focus on the differences between a Growth Mindset versus a Fixed Mindset.

Intermediate Topics (11-13 years old)

Science, Technology, Engineering and Mathematics (STEM): Technology

Technology is the knowledge of how to make things, typically through the use of tools. Technology is used in a variety of ways such as manufacturing, computers, and transportation. Impromptu questions in this category will focus on how does technology affect your daily life, and how has technology grown over the years.

Healthy Living: Meaningfulness

4-H provides youth with opportunities to build positive relationships and contribute to their communities. Adding meaningfulness to what we do builds happiness, purpose, and a healthy well-being. This year's focus area is meaningfulness. Potential topics may include benefits of contribution, connection to others, relationships, positive communication, and active listening.

Citizenship: Personal Development

One of the four focus areas of 4-H Citizenship is Personal Development. Impromptu topics in this category will focus on: leadership, mutual respect and understanding, character development, critical thinking and problem solving skills, and how these skills help young people contribute to their communities.

Positive Youth Development: Sparks

A spark is something that you are passionate about; it really fires you up and gives you joy. Impromptu questions in this category will focus on why sparks are important to a healthy lifestyle and strategies for identifying and nurturing your spark.

Junior Topics (9-10 years old)

At State 4-H Presentation Day, participation in Impromptu Speeches is limited to Intermediate and Senior 4-H members.