

4-H

UNIVERSITY OF CALIFORNIA COOPERATIVE

# CLOVER NOTES

LOS ANGELES COUNTY 4-H YOUTH DEVELOPMENT



## January 2010

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu). We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

## POLICY

### Policy Highlight of the Month

Happy New Year and welcome to 2010!!! In the new year, there are exciting programs, events and club and project meetings that will occur in the next six months. From Judging Day to 4-H Summer Camp, 4-H youth and volunteers will be engaged in many 4-H opportunities for youth to learn and grow. However, in addition to the enormous opportunities and rewards available to youth and volunteers, there are inherent risks too. Although the University has taken steps to mitigate and minimize a great deal of the risk, the fact remains that they still exist. With this in mind, I want to remind each of you of the liability and insurance policy under which we are governed. Generally speaking, the University is a self insured entity and protects all employees and agents (in this case volunteers) while acting in the scope of UC business. This is why it so important to schedule events and meetings in advance and give notice to members and families. Moreover, the tacit and explicit approval of the office is needed for any 4-H "meeting" so having it scheduled provides that approval (and protection in the event of an accident). In addition, volunteers have general liability limitations. For example, according the Chapter 10, section III, item C the following limitations are enforced:

1. In the present-day business environment virtually all contractual transactions result in the parties' assumption of risk. When volunteers enter directly into business contracts they may become personally responsible for the associated liability
2. Volunteers may not sign contracts of any kind on behalf of UC, nor otherwise obligate The Regents of the University of California in any way
3. Clubs, councils and other 4-H units are also prohibited from entering into contracts on behalf of UC
4. Observance of this restriction protects volunteers and ensures that UC's General Liability, Automobile Liability, and Employment Practices Liability Self-Insurance Program; as well as the State of California Workers' Compensation Program, may be applied as appropriate

The University requires automobile liability coverage in the amounts of \$50,000 per accident claim/\$100,000 in aggregate/\$50,000 for property damage.

In terms of personal property, the University policy states:

1. Limits of Coverage UC's general liability and self-insurance program does not provide coverage for any personal or real property not within UC's care, custody, and control
2. Personal Coverage Adult volunteers should check with their insurance carriers and review their personal insurance coverage before assuming the risks involved in using their personal property for 4-H YDP.

For more information about the University's as well as your liability as it relates to conducting 4-H business, please refer to the policy at: <http://www.ca4h.org/policy/chapter10/index.asp>

The program also offers 4-H Clover Safety Fact Sheets which provides tips on how to safely conduct various projects. You can find the Clover Safety Facts Sheets at:

[http://groups.ucanr.org/ehs/4H/Clover\\_Safe\\_Notes\\_by\\_Project\\_Area.htm](http://groups.ucanr.org/ehs/4H/Clover_Safe_Notes_by_Project_Area.htm)

As always, if you have any questions or need clarification on this or any 4-H policy please call me at (323) 260-3845 or send me an email to [kcnathaniel@ucdavis.edu](mailto:kcnathaniel@ucdavis.edu)

## CLUB

- **Mary Lash, You are Amazing!**  
Dawn Fuller, 4-H Program Coordinator

If you want to know what being a true and loyal 4-H member is all about, look no further than the amazing Mary Lash. On **Thursday, December 10, 2009**, Paramount High School teacher, **Greenleaf 4-H** Community Club Leader and Los Angeles 4-H icon, **Mary Lash**, was honored by Paramount High School for 60 years of exemplary teaching.

Mary was presented with plaques and numerous honors from the Paramount Unified School District, the Mayor of Paramount, Congresswoman Linda Sanchez, California Assemblyman Isadore Hall, The L.A. County Board of Supervisors, Paramount High School staff, the Paramount Teachers Association, the California School Employees Association, the California Department of Education and Home Economics and Technology, Grady Reed (author of *California Cookbooks*), Delta Kappa Gamma, the Paramount High School Corsairs, the Future Homemakers of America, Greenleaf 4-H Club and the Los Angeles County UC Cooperative Extension 4-H Program.

Most of us are amazed at the amount of time, love and dedication Mary gives to 4-H. It was shocking to know that in addition to teaching and being there on a personal level for all of her students over the years at Paramount High, Mary also runs the Paramount High School Corsairs Service Club and volunteers for her church (Downey United Methodist Church). It was also noted that in the State of California, Mary holds the record for the most years teaching.

Mary had a special chair of honor on the stage and was serenaded by a student singing "Unforgettable" to her whilst being loaded down with plaques, commendations, trophies, roses, angels, special t-shirts and aprons. She was treated to a documentary film created about her life and accomplishments.



Alumnus from the 1950s, 1960s, 1970s, 1980s, 1990s, and 2000s shared special memories with the filled auditorium, and explained to everyone how Mary had changed their lives.

With Mary having volunteered for Los Angeles County 4-H for 63 years, we knew that she was amazing already, but to hear directly from students whose lives she changed permanently by teaching and guiding them to be the best they can be, was so very touching.

Mary, you are an inspiration to us, and we feel so lucky that you have been such an important part of Los Angeles County 4-H and are truly amazed at all you do for so many!



- **Palos Verdes Peninsula 4-H Club**  
**By Alex Kasperovich, PVP 4-H Club Clover Notes Reporter**



ROLLING HILLS ESTATES, CA — December 5, 2009 — To most families, the holidays are times for reunions and joy. Our own (very large) 4-H "family" also had a few reunions of its own: on 12/05/09, the PVP 4-H club was in the Rolling Hills Estates parade. The club had horses, dogs, and chickens participating in the parade. Two people were also dressed up as beekeepers. Dee Keese, the leader, was dressed as Queen Bee. We won second place Marching Youth Group. It was a wonderful experience for both the older and younger 4-Hers, as the former had a chance to socialize among themselves and the latter shared in the joy of appearing on the local news.

A week later, the Club got together again and went Christmas Caroling. We went door-to-door spreading Christmas cheer by handing out mistletoes and singing carols to pleasantly surprised neighbors. After that, a cookie exchange was held. Most of the carolers had brought in cookies, and Ms. Keese served a healthy punch of her own creation. Holiday

cheer was in the air, and our 4-H club definitely did its part to spread it around.

**For more information, PVP 4-H Club:** Peter Michel,  
[info@pvp4hclub.com](mailto:info@pvp4hclub.com) or Dee Keese,  
[swimdude64@earthlink.net](mailto:swimdude64@earthlink.net)



- Since the early 1900's, **4-H Record Book competition** has been conducted annually. Initially, competitions focused on project skill development, primarily in agricultural areas. In recent years, 4-H Record Book competition has measured a 4-H member's leadership development, citizenship activities and personal growth as well as project proficiency.

There were 113 Record Books turned in for State Competition. There were 20 State Winners, 61 State Medalist, 29 Merit Recognitions and 3 Participation. Of these winners, the following Los Angeles County 4-H'ers placed respectively. Congratulations!

**Stephanie Kwan - State Winner**  
**Candace Corrales - Medalist**  
**Ryan Halvorsen - Medalist**  
**Brielle Jimmink - Medalist**  
**Tearah Kerr - Medalist**  
**Kristy Okamoto - Merit**  
**Alex Kasperovich - Participation**

- **Judging Day**  
Dawn Fuller, 4-H Program Coordinator

**Judging Day** will be held on **Saturday, February 27, 2010**, at AV High School (44811 N. Sierra Hwy, Lancaster, CA 93534) beginning at **9 a.m.** For new club leaders and existing leaders who might want to learn a bit more about the basics of judging, you have been invited to attend a **Practice Judging Day** at **Palos Verdes Peninsula 4-H Club** on **Wednesday, February 17**, at **7 p.m.**, at the Rolling Hills City Hall (corner of Crenshaw and PV Dr. North). The address is 4045 PV Dr. North, Rolling Hills Estates, CA, 90274. Please sign up in advance of the practice with club leader, Dee Keese, at [swimdude64@earthlink.net](mailto:swimdude64@earthlink.net).

**Greenleaf 4-H Club** has also invited you to attend a **Practice Judging Day Session** during their club meeting in case you cannot attend the PVP meeting. On **Tuesday, February 2**, at **7 p.m.** the session will be held at Paramount High School - Senior Campus (in Mary's Home Ec classroom), 14429 S. Downey Avenue, Paramount, Ca 90723. Please sign up to attend with Marjie Rodriguez at [kenward49@aol.com](mailto:kenward49@aol.com).

We need leaders and parents to volunteer in judging rooms the day of the event. In years past, we have been short room monitors and adults to tally points and correct judging cards. It would be great if every club had at least two representatives. To volunteer for **Judging Day**, please contact Dee Keese at [swimdude64@earthlink.net](mailto:swimdude64@earthlink.net).

- **Winter Training (A part of the 4-H Volunteer Training Series) Make it Safe, Keep it Safe Training for 4-H Volunteers** - On January 30, 2010, Following the County Council Meeting, 4-H club volunteers will have the opportunity to learn valuable information about food safety. Brenda Roche, the Nutrition, Family & Consumer Sciences Advisor for LA County Cooperative Extension, will provide a "Make it Safe, Keep it Safe" training for 4-H club volunteers. All are encouraged to attend, especially those who prepare and serve food at 4-H sponsored events. Brenda's presentation will cover important topics on the prevention of foodborne illness and provide tips to help keep both 4-H'ers and the public healthy and safe. For more information, please contact Brenda Roche at [bkroche@ucdavis.edu](mailto:bkroche@ucdavis.edu). Participants will receive hand outs and resources to support their projects, giveaways will be offered and each participant will receive a certification of completion. To attend this event, please register here: <https://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4380>. You may also R.S.V.P. to Dr. Keith Nathaniel at (323) 260-3845 or [kcnathaniel@ucdavis.edu](mailto:kcnathaniel@ucdavis.edu).

- **4-H Night at the Staples Center**  
Dawn Fuller, 4-H Program Coordinator

**Saturday, February 6, 2010, at 7:30 p.m.** it's the *CLIPPERS vs. the SPURS* at the Staples Center. *Los Angeles County 4-H* has been invited to promote 4-H by the LA Clippers basketball team. Clubs will be hosting tables with examples of the projects offered. Two adults and two youth hosting the table will get free tickets to the game, and each club must sell a minimum of 25 tickets. We will have a fantastic designated area at the Staples Center to highlight what we are doing in 4-H, and the public will be coming by to view it. To order tickets please contact Lauren Kimball at (213)763-4617 or at [lkimball@Clippers.com](mailto:lkimball@Clippers.com) and cc Dawn Fuller at [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu).

- **Livestock Symposium**  
Dawn Fuller, 4-H Program Coordinator

On **January 23, 2010**, the *Livestock Symposium* will be held at the AV Fairgrounds (2551 West Avenue H, Lancaster). Registration for this event begins at **8:30 a.m.** There will be many outstanding livestock speakers on-hand providing demonstrations and answering questions until 1 p.m. From **1-2 p.m.** there will be an **Ethics Training** available for those who will be showing livestock at local fairs and planning to participate in an auction. For more information, contact **Charlene Moore** at **(661) 723-4481**.

- **Field Day & Fashion Revue** - Field Day is one of the most valuable assets of our 4-H program. This is a day where 4-H'ers share the skills, and knowledge they have acquired in their 4-H projects. By learning public speaking and demonstration skills 4-H'ers prepare themselves for college and the workplace. 4-H members may observe and gain knowledge relating to many different 4-H projects. Parents and friends are encouraged to attend. If you have never been to Field Day before you will be surprised at the poise and abilities of these 4-H members.

All members of the LA County 4-H are invited to participate in LA County Field Day scheduled for **March 27, 2010**. 4-H Presentations are very informative and will certainly enrich individual knowledge. Public Speaking, Impromptu Speaking and Extemporaneous Speaking are also interesting. Fashion Revue showcases our best LA County 4-H clothing projects. Share the Fun Skits, Cultural Arts Presentations, and Song Leading contests are creative and entertaining.

4-H members attend to participate\observe and learn\receive awards, recognizing their individual skills and knowledge. Remember it's a 4-H "Family Affair", and encourages parents and friends of 4-H to attend and support the youth. Medal winners will be eligible to go on to Sectional Field Day, which is tentatively scheduled for Saturday, May 15, 2010. Keep a look out for more Field Day information to come.

- **Los Angeles County 4-H Science Fair** - It's not too early to start thinking about 4-H Science Fair on May 8, 2010! Science projects are a wonderful "learn by doing" opportunity. Today, with schools so focused on "teaching to the test", and with mandated language arts and math curriculum dominating the school day, science education is often neglected in school. Help make sure that kids develop their analytical thinking skills by getting them involved in hands-on science through 4-H. Many 4-H'ers are already involved in projects that can be presented as science projects. Now is a great time to plan for a project to present in April! Read up on the scientific method and look for science project ideas on the following web sites. All three of these web sites are fantastic resources for finding and developing science project ideas, from the easy to the elaborate.

<http://school.discovery.com/sciencefaircentral/>  
<http://www.ipl.org/div/kidspace/projectguide/>  
<http://www.scifair.org/>

- **How Do You Say “Happy New Year” in...?**

Dawn Fuller, 4-H Program Coordinator



America is the “Great Melting Pot” and Los Angeles is a wonderful representation of this concept, with cultures from all over the world. At the start of each year, we all like to say “Happy New Year!” Impress your family and friends and say “Happy New Year” in another language! Here is a short list of New Years’ greetings in other languages:

**Chinese (Cantonese)**

Gung hay fat choy (a New Year greeting meaning, "May you become prosperous.")

Sun nien fai lok (meaning, "Happy New Year")

**Chinese (Mandarin)** - Xin nian yu kuai

**Danish** - Godt Nyttår

**Dutch** - Gelukkig nieuwjaar

**Farsi** - Aide shoma mobarak

**French** - Bonne année

**Gaelic** - Aith-bhliain Fe Nhaise Dhuit

**German** - Gutes Neues Jahr

**Hawaiian** - Hauoli Makahiki Hou

**Hebrew** - Shanah tovah

**Hmong** - Nyob zoo xyoo tshiab

**Indonesian** - Elamat Tahun Baru

**Italian** - Buon Capo d'Anno

**Japanese** - Akemashite Omedetou Gozaimasu

**Norwegian** - Godt Nyttår

**Pilipino (Tagalog)** - Maligayang Bagong Taon

**Polish** - Szczęśliwego Nowego roku

**Portuguese** - Feliz ano novo

**Romanian** - La Multi Ani

**Russian** - S Novym Godom

**Spanish** - Feliz Año Nuevo

**Sudanese** - Wilujeng Tahun Baru

**Swedish** - Gott Nytt År

**Turkish** - Yeni Yiliniz Kutlu Olsun

**Welsh** - Blwyddyn Newydd Dda

\*Listing referenced from [www.enchantedlearning.com](http://www.enchantedlearning.com)

- **Online Enrollment** – Los Angeles County 4-H has transitioned to the Online Enrollment System. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now (create your own user name and password). You can do this anytime from now until December 31 (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **A Picture is Worth a Thousand Words**

Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: [dafuller@ucdavis.edu](mailto:dafuller@ucdavis.edu). Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15<sup>th</sup> of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, [rhillstock@ucdavis.edu](mailto:rhillstock@ucdavis.edu).

- **Dates To Remember:**

- 1/1 New Years Day (Office Closed)
- 1/6 NSG Council & 4-H mtg.
- 1/8 1st AV Horse Bowl Quiz
- 1/9 AV Shooting Competition  
Summer Camp Leaders Training  
Sectional Council & Teen Council mtg.
- 1/14 I&R mtg.
- 1/15-17 Teen Involvement Conference (TIC)
- 1/18 MLK Holiday (Office Closed)
- 1/21 SSG Leaders Council & Hi 4-H mtg.  
SGV Fair mtg.
- 1/23 AV Livestock Symposium  
Leaders Training Event (Food Safety & Nutrition)
- 1/24 Monte Farmers Fair
- 1/25 AV Leaders Council mtg.
- 1/30 County Council mtg. (LA Office)
- 2/3 NSG Council & 4-H mtg.
- 2/5 2nd Horse Bowl Quiz
- 2/11 I&R mtg.
- 2/13 AV Shooting Competition
- 2/14 Valentines Day
- 2/18 SSG Leaders Council & Hi 4-H mtg.
- 2/27 County Judging Day

## SECTIONAL

- **Teen Involvement Conference (TIC) January 15-17, 2010** - The Teen Involvement Conference, also known as TIC, is a three day event where youth from southern California meet to learn about the 4-H program, leadership, citizenship, life skills, and so much more. 4-H members attending this conference will be able to interact with other youth and adults from all 9 counties from the south section. This conference is a great stepping stone to a member's success in their 4-H career, and is highly recommended. This conference is planned by the South Section Teen Council. For more information go to: <http://clubs.ca4h.org/southcouncil/teen/>

### Registration dates and fees are as follows:

**Early Bird:** Application postmarked by December 11, 2009 - \$100.00

**Deadline:** Application postmarked between December 12, 2009 - January 5, 2010 - \$110.00

**Late Registration:** Application postmarked after January 5, 2010 or handed to the check-in table at the conference - \$135.00

## STATE

- The State 4-H Record Book Judging competition results will be posted for the 2009 winners on the CA 4-H Record Book page, <http://www.ca4h.org/4hresource/ir/recordbook/competition.asp>. For additional questions, you may contact Incentives & Recognitions Program Representative, Quang Tong, [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).
- **Has your 4-H club supported military kids in the past three months?** Is your club planning to assist military kids in the future? Operation: Military Kids (OMK) wants to know about it! We have funding opportunities available to support your club in your future project/event planning. Contact Sylena Wise at 530-752-8585 or email [smwise@ucdavis.edu](mailto:smwise@ucdavis.edu) for more details.
- **4-H Shooting Sports Leader Certification for Rifle-** A shooting sports training workshop for the rifle discipline will be held in **Tulare**, CA on Saturday, **January 9**, 2010 8 AM - 6 PM and Sunday, **January 10**, 8 AM - 4 PM. The course will be held at the Rankin Field Range, 20000 Road 140 in Tulare, CA. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: [jaborba@ucdavis.edu](mailto:jaborba@ucdavis.edu). For information about the facility and a map, please visit the range website at: [http://www.tcdsa.org/documents/rankin\\_field.htm](http://www.tcdsa.org/documents/rankin_field.htm)
- On-line registration for the **2010 California Focus Program** is available now and is due on **January 15, 2010**. 4-H members and leaders come together to run their own state government in the fictitious state of Sierra Cascade. Delegates draft legislation, participate in a mock trial, and run for office. Then participants interact with their legislators, court officials, and those close to current issues. Financial assistance is available for this program for members who could not afford to attend without help and the Young Civic Leader Scholarship is available for teens with an outstanding leadership and community service record. More information and registration forms are available at: <http://ca4h.org/citizenship/focus/>.
- **Register for the Winter 2010 4-H SET Professional Development workshop on February 6, 2010.** Counties are invited to send a team of 4-H members (age 14 and up), 4-H volunteers, 4-H staff, and program collaborators. Effective science, engineering and technology education requires good educators. This professional volunteer development opportunity will help prepare 4-H volunteers, teens and staff to incorporate science, engineering, and technology into 4-H projects and activities in a hands-on, experiential manner. Locations include Shasta, Yolo, Santa Barbara, Merced and Riverside Counties. Morning topics focus on utilizing teens-as-Teachers and the afternoon introduces a 4-H SET curriculum. **Register by January 15, 2010 at <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4208!>**

- National 4-H Council is seeking applications from youth in 4-H for the **4-H Youth in Action Award**. If you are or know a 4-H youth, primarily between the ages of 16-21 who has demonstrated excellence in their 4-H experience and serves as an example of overcoming adversity and challenge, please consider applying for this National award. **Video applications are due by January 15, 2010**. You may visit: <http://grants.4-h.org> for more information and to submit an application.
- In order to improve the understanding of 4-H adult volunteers, veterinarians, and administrators from fairs and exhibitions about existing bio-security risks associated with 4-H Animal Science projects in California and issues related to traceability, three Regional Education Outreach Summits will be offered by 4-H and Veterinary Medicine Extension. Each Education Outreach Summit will include four major components: a) an overview of current data on bio-security risks associated with 4-H Animal Science projects, including risks at exhibits and fairs, shows, and exhibitions; b) updated information from USDA on the current status of NAIS and animal traceability; c) a listening session to provide stakeholders the opportunity to share their experiences and provide feedback on traceability issues to USDA; and d) a mini-training for 4-H teens and volunteers on the new 4-H Bio-Security curriculum. The second of three summits will be held on January 16, 2010 at UCCE Tehama County. The subsequent Education Outreach Summit will be February 27, 2010 at UCCE Kern County. Times for all summits will be 9 a.m. - 3 p.m. Lunch will be provided. Space is limited, so advance registration is necessary. For more information and to register for one of these events, contact Martin Smith ([mhsmith@ucdavis.edu](mailto:mhsmith@ucdavis.edu)) or Steven Worker ([smworker@ucdavis.edu](mailto:smworker@ucdavis.edu)). Enrollment: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4238>
- The 4-H Military Partnership Program is offering professional development training opportunities to all 4-H Volunteers, and Military and Community Partner Agency personnel on the 4-H Military Babysitting Curriculum at the following locations:

**Kern County 4-H Office -- January 16, 9:30-4:30**

**San Diego County 4-H Office -- January 23 1:00-5:00**

**Ventura County 4-H Office -- January 30, 9:30-4:30**

**San Diego North County Office -- Feb 13 1:00-5:00**

The Babysitting Curriculum is designed to help middle school and teenage youth to learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. This course can be beneficial in training youth in your 4-H clubs and military afterschool sites. The training is open to all 4-H Staff, 4-H Volunteers, and Military and Community Partner Agency personnel. Participants will receive a Babysitter's Tool Bag, an Instructor's Guide and Student Handbook. Bring a doll! For more information, contact Jeanne Christenson, [jpchristenson@ucdavis.edu](mailto:jpchristenson@ucdavis.edu) or 530-219-6608.

- **Are you a 4-H alumni or Collegiate 4-H'er?** Do you have a passion for government, history, political science, working with youth, public speaking, or leadership? Consider applying for the Program Assistant (PA) position at the National 4-H Youth Conference Center! PA's touch the lives of thousands of high school students from all over the U.S. through the Citizenship Washington Focus (CWF) Program. The Center is looking for individuals with at least a high school diploma (preferably some college experience) and a passion for youth development, hospitality, teaching, history, politics, or leadership. National 4-H Council will work with PA's and their college to secure credit towards graduation. Applications are due January 18, 2010 and are available at: <http://www.citizenshipwashingtonfocus.org/programassistant.aspx>. For more information contact Molly Young at [myoung@4HCenter.org](mailto:myoung@4HCenter.org).
- California will be sending 4-H members and leaders outbound on the **California International Exchange Program** during the summer of 2010. Are you ready for a one month experience in Australia, Costa Rica, or Japan? Delegates must submit an application with reference letters and complete an interview by **January 27, 2010**. More information is available at: <http://ca4h.org/exchange/>.
- If you have an enthusiasm for birds and have some wonderful photos of birds to share, consider entering in the **Biosecurity for Birds Calendar photo contest** by the USDA's Animal and Plant Health Inspection. The contest **entry deadline is January 31, 2010**. The winning photos will be displayed in the **2011 Biosecurity for Birds calendar**. Everyone is encouraged to enter at: <http://healthybirds.aphis.usda.gov>.

- Students who will be entering their senior year of college in Fall 2010 are eligible to apply for an 8-week summer Undergraduate Research program at The Curry School of Education at the University of Virginia. The program is for students from underrepresented backgrounds and allows an opportunity to participate in education research for schools, classrooms and additional youth settings. Visit: <http://curry.edschool.virginia.edu/ep-ads> for an application. The deadline to apply is: February 1, 2010.
- The Foundation of the Preservation of Honey Bees, Inc. is sponsoring the annual 4-H Honey Bee Essay Contest. Active members of 4-H clubs are eligible to submit an essay for consideration. Please click [here](#) for contest rules. Submissions must be received on or before February 12, 2010.
- 4-H youth, in grades 7-12, with an enthusiasm for agriculture and its importance in society are encouraged to consider submitting for the National Ag Day Essay Contest. The submission deadline is February 12, 2009. The national winner selected will receive a \$1,000 prize and a trip to Washington, D.C. for the award presentation. Visit: <http://www.hpj.com/agdayessay> for an entry application and contest rules.
- **4-H Youth Training Babysitting Courses - The Operation: Military Kids (OMK) Program** is offering **free Babysitting Training courses for Youth 12-18**. This training is designed to help youth learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. The youth will receive Child/Infant CPR training on the second day of the training. They will also receive a Babysitter's Tool Bag filled with essential supplies for babysitters. Bring a doll for fun!

For more information, contact Jeanne Christenson, [jpchristenon@ucdavis.edu](mailto:jpchristenon@ucdavis.edu) or 530-219-6608. The following are dates and locations of upcoming trainings:

**UC Davis 4-H Office Feb. 20 & 21, 9:30-4:30**  
**Yuba/Sutter 4-H Office March 13 & 14, 9:30-4:30**  
**Beale AFB April 5 & 6, 9:30-4:30**

- **Calling all 4-H equine enthusiasts!** The National Youth Horse Council presents the **National Youth Horse Leaders Symposium**. This symposium is scheduled to be held **March 19-21, 2010 in Lexington, KY**. Registrations are due **postmarked by Feb. 24, 2010**. Please click [here](#) for full details on event.
- **State Leadership Conference** - The 2010 year's theme is "Operation 4-H", and is an annual event in which high school age members from across the state meet to develop leadership skills through workshops, games, and night time activities. We are now accepting applications for educational session/track presenters. Please share your knowledge about all things leadership and help Operation 4-H be a tremendous success! Click [here](#) to download a proposal. **Proposals are due the State 4-H Office by Feb. 26, 2010**. You may contact Quang Tong for additional questions at 530-752-5644 or go to: <http://aces.nmsu.edu/4h/wrlf2010/>.
- Calling all 4-H youth, 7-12th graders and adults working with 4-H youth! You are invited to attend the 7th Annual Northcoast Youth Summit. This year's theme is: "Connect for a Cause!" and will be held on February 27, 2010 at the College of the Redwoods, 9am-3:45pm. Click [here](#) for more details on the event and registration details.
- **The 2010 Western Regional Leaders' Forum** is scheduled for **March 11-14, 2010 in Albuquerque, N.M.** Go to: <http://aces.nmsu.edu/4h/wrlf2010/> to register. Some key upcoming dates youth development professionals will want to save include:

**December 15, 2009: Early Bird Registration Deadline, \$200.**  
**January 15, 2010: Regular Registration Deadline, \$250**  
**Share Faire Registration Deadline**  
**4-H Display Registration Deadline**  
**Volunteer Leader Award Deadline**

- Dates have been set for **2010 State 4-H Horse Events**. The State 4-H Horse Classic - Educational Contests will be held **April 24 & 25 at Reedley College, Reedley, CA** (southeast of Fresno). The **Championship Horse Show** will be held at the Santa Cruz County Fairgrounds in Watsonville on **Thursday, June 24 thru Sunday, June 27**. Tentatively, the English classes and Over Fences will be held on Friday, Western classes on Saturday and Gymkhana on Sunday. More information will be available by December 1st on the web site at <http://ca4h.org/projresource/horse/>.
- Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.  
**California Focus** June 25-29, 2010  
<http://www.ca4h.org/citizenship/focus/>  
**Washington Focus I**  
Road to Democracy, June 27-July 5, 2010  
Heritage Trail, I June 27-July 3, 2009  
**Washington Focus II**  
Global Journey, July 11-21, 2010  
Heritage Trail II, July 11-17, 2010  
<http://www.ca4h.org/citizenship/dcfocus/>  
For more information, contact Pat English at [pnenglish@ucdavis.edu](mailto:pnenglish@ucdavis.edu) or 530-754-8520.
- The California Exposition & State Fair Board has announced new dates for the fair. **The 2010 California State Fair is now tentatively scheduled to run for 19 days from Wednesday, July 14 to Sunday, August 1, 2010**. For more information, you may contact Erica Manuel of the California Exposition and State Fair at [emanuel@caexpo.com](mailto:emanuel@caexpo.com). 4-H members and adults may also contact 4-H Animal Science Committee Chairs Cynthia Barnett, [cbarnett@ucdavis.edu](mailto:cbarnett@ucdavis.edu) and Steve Dasher, [hsdasher@ucdavis.edu](mailto:hsdasher@ucdavis.edu) for additional questions.

**2009 4-H All Stars:**

Christopher Choi  
Hannah DeYoung\*  
Ryan Halvorsen\*  
Amanda Ho  
Wesley Ho\*  
Jessica Kwan  
Stephanie Kwan  
Kirsten Landsgaard  
Kelsey Schott

**2009 Jr. All-Stars:**

Candace Corrales\*  
Veronica Cubillos\*  
Madison Cumby\*  
Alex Kasperovich\*  
Rachel Klose\*  
Kristy Okamoto  
Taylor Presley  
Aleandra Ryan-Plasil  
Caroline Seymour

\* - new selectee

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