



August 2009

If you have any questions or suggestions about the Clover Notes, please don't hesitate to call Roy Hillstock at (323) 260-3854 or email at rhillstock@ucdavis.edu. We welcome submissions, especially for Club News. Please submit articles by the 15th of the month to be posted in the following months' edition.

Contact the [Los Angeles 4-H Youth Development Office](#) or 323-260-3854. For upcoming dates, please visit the [4-H Calendar](#). We look forward to continuing to serve you and your 4-H needs.

POLICY

Policy Highlight of the Month: The 4-H Organizational Structure

Volunteers and Families,

We are starting a feature in the Clover Notes that will highlight an aspect of the 4-H Policy Manual to begin to acquaint you with the policies that guide, support and govern the University of California 4-H Youth Development Program. Each month's highlight will feature either a current or relevant issue we are confronting in the county or an aspect of the policy manual we feel needs special attention. To re-enforce the use of the policy manual, we will also conduct a policy manual training during one of the four scheduled volunteer trainings during the program year.

First, let me mention that the 4-H Policy Handbook is fully searchable document that allows you to navigate directly to where you want to go in the manual. Just type in a word or phrase in the search box, and voila, a list of options are before you. It's a very nice feature.

For our first feature, I thought I'd start out with some basic understanding of the roles within the 4-H Youth Development Program. As you know, 4-H is a part of the University of California Cooperative. This designation is absolutely critical and important to the 4-H program. It connects the program to a larger and ever so important institution, the land grant university system and is unlike any other youth development program in the country. This connection to the land grant system (in California, it's the University of California) designation is unique, historical and purposeful.

For a lot of volunteers there is uncertainty of the roles each staff person has in the 4-H Youth Development Program. The policy manual outlines in specific terms the various roles that make up the staff and support for the 4-H program. In Los Angeles County, we have a County Director, a 4-H Youth Development Advisor and two Program Representatives (one of them is 60% time). We have other program support staff, too. They include an Administrative Assistant and a technology expert. These are the characters with whom you will most likely interact.

Please pay particular attention to the reporting relationships featured in the organizational structure (<https://fourh.ucdavis.edu/4hresource/4-HOrgChart.pdf>). The flow chart outlines the reporting relationships and should be adhered to ensure local program quality and effectiveness.

If you have any questions about anything or any policy, please don't hesitate to contact me at kcnaethaniel@ucdavis.edu or (323) 260-3845.

- **Welcome, Encino Oaks 4-H Club!**
Dawn Fuller, 4-H Program Coordinator



Los Angeles County 4-H and the U.C. Cooperative Extension are thrilled to announce the commencement of a new club in the San Fernando Valley District, the Encino Oaks 4-H Club. For some time now, San Fernando Valley 4-H Club has been the “Lone Ranger” in the SFV District, and now they will have a wonderful partner with this new club.

As a result of recent outreach, Principle Mary Melvin from Lanai Road Elementary School (a fantastic advocate for youth in the community) worked closely with community supporter & volunteer Susan Bernardo to get the club started.

Community Club Leader, Susan Bernardo, also founded the Mid-Wilshire and Santa Monica MOMS Clubs, is an active fundraiser, art and science docent and school paper editor. She has also taught local youth about chicken life cycles and will be in the PTA as director of Science & Garden Curriculum Enhancement. Susan also co-founded a committee called "TLC" (Team Lanai Cares), which provides community service for underprivileged kids, and she also currently serves on the board of directors for Beyond Shelter, a non-profit which helps homeless families with children find permanent housing. In her "spare" time, she is working on a novel for pre-teen girls. If you would like to meet Susan, or just say, “Welcome!” her email address is: susan.bernardo@gmail.com.

Ms. Bernardo and her team of enthusiastic Project Leaders, will be offering projects in Photography, Architecture, Horses and Chickens. Carrie Adelman will be leading Photography, Brooke Ali will be leading Architecture, Jennifer Terbush will be leading the Horse Project, and Susan will be leading the Chicken Project.

The Encino Oaks 4-H Club youth and its leaders already have many plans for beach clean-ups, field trips and many community service related activities in the scope of their projects. We anticipate a large enrollment for this club when the school year begins.

Last month, the San Fernando Valley 4-H Club held a spectacular “Summer Pool Party & Potluck” (see article by Hannah DeYoung). The party was a celebration of the club’s accomplishments over the year, and also reached out to potential new members, provided information on 4-H to curious youth and their families, and invited the newly formed Encino Oaks 4-H Club, to get to know them in hopes of work together closely in the next years to come. Emily Mountford and the DeYoungs really made a conscious effort to make the new club feel welcome, and this is the kind of spirit for which 4-H is famous.

- **Summer Fun with the San Fernando Valley 4-H Club**
Hannah DeYoung, San Fernando Valley 4-H Club Member

On Thursday, July 16th, the San Fernando Valley 4-H Club celebrated the end of one year and the beginning of the next with a potluck pool party for all members and those interested in joining. The event had a great turnout, bringing lots of new kids and parents into the 4-H program. After the swimming and delicious hot dogs, we held a short meeting where Emily explained 4-H and our planned projects for next year to the group. Then, after electing next year’s officers, we started sign-ups and smores! There was lots of interest in all of our projects and overall the party was a lot of fun! We couldn’t be more excited for what’s to come next year!



Write up by Hannah DeYoung
Pictures by Teresa Fint

- **Summer Reading & Writing Fun**
Dawn Fuller, 4-H Program Representative

If you have some summer days which are not filled with camping, riding bikes, swimming, or playing with friends, and need a little quiet time, here are some FREE activities that will help stave off the “I’m bored!,” keep cool, keep up your reading and writing skills, and even help you to memorialize fun summer activities and 4-H events you’d like to remember.

■ *Your Library-It's Cool!*

Libraries are a great place to keep cool and look for books on all the topics you've always wanted to know about. Perhaps you can look up books on the 4-H project you are involved in. Stay for a few hours and check out what your local library really has to offer. Maybe even ask to meet your Librarian. If you don't have a library card, now is a good time to sign up for one! During the summer, libraries often conduct Summer Reading Programs, Book Clubs (even on particular genres like "Mystery Lovers"), story-times and have wonderful local authors come and read from their own work. Grab a friend and head down to the Library for the afternoon. I bet you will really discover reading can be fun, all year long!

■ *On the Road Again*

Maybe you and your family will be taking a long or even short, road trip this summer to see friends and family, or see some new sights. Do yourself (and your parents) a favor, and bring some of your favorite books with you, or one that you have been wanting to read. Maybe you could choose a book as a family and everyone can take a turn reading. You know, back in the "Old Days" they didn't have television, and people listened to radio shows, played, and read books a lot to keep entertained! Why not choose a classic that you will all enjoy? Your Mom and Dad will have some great ideas about a title everyone would enjoy.

■ *Write Your Own Book*

Take some time to write about what you did over your summer vacation. Perhaps you went on a trip and enjoyed camping, hiking, playing with your friends, visiting your grandparents, swimming, or even attended our 4-H Summer Camp! Make a separate page for each of the summer activities you enjoyed, and include some pictures that you or your parents may have taken. You can also draw or cut out pictures from your Mom's old magazines to make your book more lively. Be sure to make a special cover for your book, and decorate it with stickers, ribbons and glitter. When you get back to school, your friends will love to see, and read about, what you did over the summer.

■ *Letter Writing, a Lost Art*

We have many ways to communicate with our family and friends now - Facebook, Twitter, MySpace, Chat and Email. People used to hand-write letters when they wanted to see how their friends and family were, and tell them all about what they have been up to. Your grandparents, cousins, aunts and uncles would be so surprised to get a letter or a postcard from you telling them all about what your interests are, and what you have been doing during the summer, or even during the school year. It is exciting to get something in the mail from someone you care about, and when you send off your letter, you just may get one back!

■ *Keep Reading!*

When you are by yourself with nothing to do, or just before bed, read a book! Nothing sends you off to a great sleep like reading some of your favorite stories before bed. Maybe you would like to read a new book that all your friends have been telling you about. Maybe you want to re-read one of your favorites from when you were little. Maybe there is a book version of one of your favorite movies to check out. Maybe your little brother or sister would be thrilled if you offered to read THEM a story before bed. Take a book to the beach, to the park, on vacation, to summer camp, and just read! It may be more fun than you think.

* For a list of great summer reads, go to: <http://celosangeles.ucdavis.edu/files/69616.pdf>.

- **4-H Library Display**

Dawn Fuller, 4-H Program Coordinator

During the month of August, 4-H will be featured in the **Whittier Central Library Display Case**. Club, volunteer and youth information will be prominently featured. We hope to get some interested youth and volunteers involved before the new school year begins, and this is a great start! If you are in the area, please stop by and visit:

Whittier Central Library

7344 Washington Ave.

Whittier, CA 90602

Mon-Wed from 10 a.m.-9 p.m.

Thu-Fri from 10 a.m.-6 p.m.

Sat from 10 a.m.-5 p.m.

Sun Closed

- **Outreach Round-Up**

Dawn Fuller, 4-H Program Coordinator

Los Angeles County 4-H is now on **Facebook**. Please join us, and become a fan! Also, invite friends and family from all over to see what 4-H has to offer. We look forward to hearing from you and reaching a new audience as well.

On **Friday, July 31, Ashlyn Spaziano of Greenleaf 4-H Club** joined me in a summer presentation to the local community. The UC Cooperative Extension conducts various community events through the course of the year, designed to showcase all of the great services and useful information it has to offer. This event was a group-effort including all departments at the Cooperative Extension, and the 4-H portion of the event was centered around ***Summer Reading & Writing Fun*** (see article with same title). Ashlyn read a piece she has written about her Los Angeles County 4-H Summer Camp experience, and also proudly modeled a dress she made for *4-H Fashion Revue*.

On **Wednesday, August 12**, I will be providing a special “Barnyard Story Time” at **Sierra Madre Public Library** for kids and their parents (440 West Sierra Madre Blvd., Sierra Madre). I will be reading a short story, and then give a brief talk about what 4-H and its many programs and services. If you are in the area and would like to hear a story please stop by!

This month Dr. Keith Nathaniel and myself will be meeting with representatives from both the Los Angeles Clippers and the Los Angeles Sparks basketball teams to see about partnering during the season, on various events.

- **Project Leader Orientations**

Dawn Fuller, 4-H Program Coordinator

The new school year is approaching, and it is a splendid time for new members and leaders to join 4-H. Some of you are taking this great opportunity to do outreach at the schools in your area, and even inviting neighbors and friends to join 4-H. Should you have a group of Project Leaders who need an orientation after the fingerprinting process, let's set up a day for a group training. That makes it easier for everyone!

If you would like a flier to send out, or hand out in your community, I have a template that can be tailored to suit your needs. If a school in your community would like to have a 4-H presentation, I will be more than happy to make an appointment to come out and speak. I am looking forward to helping increase memberships for youth and adults, in all the Los Angeles Clubs this year! For outreach fliers, or to arrange a Project Leader Orientation, just contact me at **(323) 260-3859** or email [Dawn Fuller](mailto:Dawn.Fuller@ucanr.edu).

- **Online Enrollment** – Los Angeles County 4-H is transitioning to the Online Enrollment System starting July 1, 2009. Each family will need to create a family profile and enroll each 4-H member separately under that profile. We have a cheat sheet that will provide you step by step instructions to enroll and add projects. You can access this sheet by clicking [here](#). The 4-H Online Enrollment website is: <https://california.4honline.com/>. Create your profile and re-enroll now. You can do this anytime from now until December 31st (to compete at fair). Remember, you must be currently enrolled to participate in 4-H and 4-H activities. The fees are \$12 for youth and \$6 for adults. If you have any questions please call Roy Hillstock at (323) 260-3854.

- **Volunteer Opportunities:**

Army Reserves need 4-H's help with some upcoming Yellow Ribbon Reintegration Program (YRRP) Events. The 63rd RSC/RRC is preparing for the upcoming YRRP events that focus on preparing, sustaining, and reintegrating our Soldiers and Families throughout their deployment cycles. If you would like to showcase your 4-H club or volunteer your time by providing fun youth activities for military kids during the event please contact Sylena Wise at 530-752-8585 or smwise@ucdavis.edu. Funding is available to purchase supplies for these events.

- **Los Angeles, CA-- August 8, 2009** from 9:30 am to 4 pm

- **County Record Book Judging** - All LA County 4-H Junior, Intermediate and Senior members are invited to enter their 4-H records (on the state forms) in the county competition. **Record Books due to the LA and AV offices by 4pm September 15, 2009.** Record Books are due to the I&R committee members by 10pm on September 16, 2009. **Record Book judging will be September 19 & 26, 2009** with winners announced at County Awards Day, October 10, 2009 after the 4-H Pet Symposium. Remember to enter your 4-H activity information on the “new” state record book forms that can be downloaded from: <http://celosangeles.ucdavis.edu/files/67931.pdf>.

- **2008-2009 Officer Book competition - Officer books for the 2008-2009 competition will be due to the 4-H Office (LA or AV) by 4pm on September 15, 2009.** The book must be submitted with a completed ID form. The 2009 ID form and guidelines are available online at: http://celosangeles.ucdavis.edu/4H_Youth_Development_Programs/Applications.htm. Start planning to enter an officer book now. Earn a medal for your officer book. Medals are given for Best in District and Best in County in each of the seven categories of the competition: President, Vice-President, Treasurer, Secretary, Reporter, Historian, and Other Officers.

The books will be judged on September 19, 2009. Experienced leaders are requested to volunteer as judges. Contact Noel Keller (909-621-2373) to volunteer to judge. The results will be announced in the district Achievement programs, usually in October.

- **2009 4-H Pet Symposium - Save the Date!**
Dawn Fuller, 4-H Program Coordinator

This year, our *4-H Pet Symposium* will be held the same day as our *County Awards Day*, on **Saturday, October 10, 2009** from **10 a.m. to 4 p.m.** I know all of you are very busy, but we really hope that you will be able join us for this informative, fun-filled day. What a wonderful way for the community to see all the great things 4-H youth can learn and do!

- **A Picture is Worth a Thousand Words**
Dawn Fuller, 4-H Program Coordinator

We would love to see all the fun activities your club has been involved in throughout the year. Please send in any photos of your club activities/events that you would like to be included in the slideshow for the Leaders' Luncheon and special newsletter features. You can email them to: dafuller@ucdavis.edu. Here's looking at you!

- **Share your 4-H experiences** - 4-H'ers, share your 4-H experiences by submitting articles to be published in Clover Notes. Articles may include club news, photos, community service projects, and/or anything you or your club would like to share. Submit your articles by the 15th of the month to be published in the following month's edition of Clover Notes to Roy Hillstock, rlhillstock@ucdavis.edu.
- **Dates To Remember:**
 - 8/9 Horse Awards Banquet
 - 8/17 AV Leaders' Council mtg.
 - 8/20-30 Antelope Valley Fair
 - 8/24 AV Council mtg. / Hi 4-H mtg. / Horse mtg.
 - 9/2 NSG Council & 4-H mtg.
 - 9/5-10/4 LA County Fair
 - 9/7 Labor Day (Office Closed)
 - 9/10 I&R mtg.
 - 9/12 Sectional Council & Teen Council mtg.
 - 9/15 Record Books & Officer Books due to 4-H Office by 4PM
 - 9/16 Record Books due to I&R Committee by 9PM
 - 9/17 SSG Leaders Council & Hi 4-H mtg. / SGV 4-H Fair mtg.
 - 9/19 Record Book Judging / Officer Book Judging
 - 9/20 SSG District Achievement Night
 - 9/23 Head / Youth Summer Camp Directors apps due
 - 9/26 Record Book Judging / Showmanship Clinic
 - 9/27 Camp Committee mtg. Head/Youth Summer Camp Director Interviews (Mary Lash's House 3PM)
 - 9/28 AV Council mtg. / Hi 4-H & Horse mtg.

STATE

- **Volunteer Opportunities:**
The Army Reserve is requesting 4-H's help with some upcoming Yellow Ribbon Reintegration Program (YRRP) Events. Several units in California are preparing for the upcoming YRRP events that focus on preparing, sustaining, and reintegrating our Soldiers and Families throughout their deployment cycles. If you would like to showcase your 4-H club or volunteer your time by providing fun youth activities for military kids during the event please contact Sylena Wise at 530-752-8585 or smwise@ucdavis.edu. Funding is available to purchase supplies for these events.

Los Angeles, CA-- August 8, 2009 from 9:30 am to 4 pm.
- 4-H members, volunteers and staff are invited to volunteer and lead hands-on **Science, Engineering, and Technology (SET)** activities at the California State Fair. The dates will be August 21-23, 2009. The deadline to sign-up is June 15. Please contact Michelle Johnson at 916-263-7914 for more information.
- **Help Staff 4-H Booth at California State Fair**
Once again The California 4-H Foundation is recruiting 4-H members and leaders to help staff the 4-H booth at the California State Fair (**August 21 - September 7**). This is a great opportunity for 4-H members and volunteers to share with the public their 4-H experiences, as well as, the wide range of projects and leadership opportunities that are available to youth through participation in the California 4-H Youth Development Program. Small 4-H projects are welcome to accompany you (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a "feel" for what types of projects are available. Examples of service projects also make for good stories to share with the public. Please feel free to bring photo albums or record books with you to show anyone who may be interested in learning even more about your 4-H project. Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed. Further, each shift must have an adult or older teen in the booth at all times. To sign-up, please visit <http://www.ca4h.org/wrp/statefair/>.

- Are you planning a service-learning project for next year? Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the **California 4-H Service Learning RFP**. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due **September 15, 2009**.
- 4-H club support funding is available through the **Bob and Pat Dean Memorial Legacy Fund** for California 4-H members or volunteers. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefit to the applicant's local 4-H Club or project. Application information is available at: <http://www.ca4h.org/citizenship/funding/>. Applications are due **September 15, 2009**.
- Youth ages 10-15 are invited to attend the **3rd Annual Kids Culinary Convention and Conference, September 19, 2009** in Sacramento, CA. Youth and parents may register starting Aug. 15. The conference is an opportunity for youth to experience and learn about food, from preparation, hands-on cooking to the benefits of healthy eating habits. Visit: <http://www.jrchefcentral.com> for more information.
- **National Dairy Conference, September 27-30, 2009** - California is looking for interested delegates. California has the opportunity to send a group of 5 4-H members and 2 adults to Madison, Wisconsin in September to attend the National Dairy Conference. This group will serve as an exploratory team to determine whether California should make this an annual event. Click [here](#) for more event information and eligibility details. Interested candidates need to complete an application. Applications can be obtained by contacting Dr. Cyndi Barnett or Steve Dasher. Please contact Dr. Cyndi Barnett at ccbarnett@ucdavis.edu or Steve Dasher at hsdasher@ucdavis.edu by August 15 if you would be willing to serve on the team or if you have any questions about the conference.
- Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the **2009 California 4-H Computer Corps!** The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2009**. More information is available at <http://ca4h.org/wrp/comp corps/>
- Mark your calendars for the **State 4-H Equine Field Day at UC Davis for October 3 or 10**. It will be a partnership with the UCD Animal Science department and UCD Horse Day. More details to follow at <http://ca4h.org/projresource/horse/>.
- The **2009 California State 4-H Leader's Forum** will be held November 6-8, 2009. This year's theme is "4-H Past, Present, and Future". If you are interested in hosting a workshop, proposals are due by June 25, 2009. The registration packet is now available at <http://clubs.ca4h.org/nsection/SLF09/index.htm>. For any questions, you may contact Richard Meade at rmeade@csuchico.edu or Tammy McFarland at 530-268-4665.
- The **2010 National 4-H Conference** will be held **March 20-27, 2010** at the National 4-H Center in Chevy Chase, MD. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. 4-H members, volunteers and staff may apply to join the California delegation by **September 30, 2009**. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>.
- **Domestic exchange with a 4-H Club** - Is your club looking for an opportunity to participate in a domestic exchange with a 4-H club in another part of the U.S? Lancaster County, PA 4-H is hoping to establish a domestic exchange for 2009-10 or 2010-11 with an interested California 4-H group. Scenic Lancaster County includes Amish country and is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington

DC and Hershey. For those interested, please contact Sharon Sherick at ssherick@dejazzd.com.

- **California 4-H International Exchange** - Looking for an amazing 4-H opportunity? Then consider the California 4-H International Exchange. Curious about other cultures but can't find the time or money to travel? Interested in anime or manga? Want to improve your language and communication skills? Bring the world home by hosting a summer month-long international exchange student from Costa Rica, Finland, or Japan this coming summer. Welcome a student from another country and share an incredible experience with your whole family. Information is available at: <http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or pnenglish@ucdavis.edu.

2008 4-H All Stars:

Felicia Byrne
Heather Ealy
Terra Chapman
Christopher Choi
Amanda Ho
Jessica Kwan
Stephanie Kwan
Kirsten Landsgaard
Brian Otto
Erin Power-Fardy
Kelsey Schott
Camille Sheardown

2008 Jr. All-Stars:

Wesley Ho
Kristy Okamoto
Taylor Presley
Aleandra Ryan-Plasil
Caroline Seymour
Alexandra Von Bergman

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